**North Central District – WPTA**

**Tuesday October 11, 2022 Meeting Minutes**

**Videoconference via Zoom:** Wes Kurszewski (Chair), Chris Ashbeck (Vice Chair), Dave Smith (Secretary/Treasurer), Kaela Rueden, Cindy Koehler, Elizabeth Ironside, Karna Sandok, Heather Vogel

**CE/Presentation/Discussion:** none. Decision made to forgo due to strong NCD involvement and attendance at the APTA Wisconsin Fall Conference October 6-7, Ethics CE October 19, and Pain Conference November 4-5.

**Officer Reports:**

* Review and approval of minutes (on website) from May meeting
* Treasurer report– Dave Smith - Current balance $17,620.73. No changes since January
  + Upcoming expenses – social at Pain Conference, Ethics course
  + Opioid Tool Kit at state level is being funded by other sources; no NCD funds will be needed.

**Subcommittees/Representatives:**

* + Executive Committee – see NCD Goals section later in meeting
  + Membership Committee: Cindy Koehler
    - Cindy works with Gwen Straker on the APTA WI Membership Committee. Monthly meetings. Provided updates in PT Connections. Provided membership pins at the Fall Conference for anniversaries
    - Survey to past members who let their membership lapse to gather thoughts, reasons, and to ask about value of membership
    - Focus groups forming to gather info on why members are leaving
    - Gathered info about membership from students at the Fall Conference
    - Social event at Pain Conference in Steven Point, Friday night November 4, at District 1 Brewing. First round will be provided by the NCD ($500).
  + Education Committee: (Chris Ashbeck – Vice Chair, Kate Bennett, Karna Sandok, Kaela Rueden, Nicki Quarne)
    - Upcoming Courses:
      * Ethics course in Marshfield and/or virtually on Wednesday **October 19** at the Froehlke Auditorium on the Marshfield Clinic Health Systems Campus (Laird Building) from 4-8 pm. **Laurie Kontney DPT, MS, BS,** DCE and former Clinical Professor for Marquette University’s PT Program will present *Exploring the Legal and Moral Aspects of Patient Centered Care*.
        + Karna to check on how they plan to manage who is live and who is virtual
      * The 4th Annual APTA-Wisconsin Pain Conference will be held in Stevens Point at UW-Stevens Point Science Building, 2001 Fourth Avenue, on November 4-5th. (not a NCD course)
        + Final solo conference. Will be within Spring & Fall APTA WI conferences in future
        + Chris Ashbeck in now the Chair of the Pain SIG
        + Course goal to take info/skills and use in clinic immediately
        + Improve clinical integration of Pain Science
        + Pain Psychologist for the first time (from UWSP)
        + Not recorded due to cost; will look at options
    - Prior Planning
      * *Credential CI* – 2-day weekend course
        + ? – could UWSP host
        + Want to keep on our radar, consider hosting in Northwoods, ? partner with UWSP
        + APTA has a virtual course option
      * *Certified Exercise Expert for Aging Adults (CEEAA)* – waiting for updates from Geriatric section in June 2022. Trouble finding facility with approx. 20 pieces of aerobic equipment per course specifics. – Same holding pattern.

**Old Business:**

* NCD Executive Committee meeting January 2022: goals created, matches up well with APTA WI goals.
  + - Improve NCD membership and involvement
      * See above notes from Cindy and state level initiatives
    - Continue to provide CEU’s
      * See above
    - UWSP – strengthen relationship/partnership
      * Pain Conference at UWSP; staff and students have been invited to NCD meetings. Highlighting their Facebook page on our page. Several clinics are already taking student interns.
    - Pro Bono PT clinic
      * Continue to explore. Interested individuals contact Wes. Presentation last meeting from UWSP’s proposed program.
* NCD is one of the most involved districts with many members involved at the state level (APTA WI). Chris Ashbeck is Chair of the Pain SIG. Cindy Koehler is on the Membership Committee. Nicki Quarne is on the nominating committee. Dennis Kaster finished his term at APTA WI President last year. Brett Roberts is Chair of the State Government Affairs Committee. We encourage others to notify us of involvement.
* Strategic Planning 2022 - 2024, APTA WI Board of Directors – Chris Ashbeck
  + Transforming Society – access to PT
  + Transforming Profession – legislation; key is UMR/UM legislation (see below)
  + Transforming Association – collaboration between groups within APTA WI
* Legislative Updates
  + UMR Legislation (*Utilization Review / Utilization Management).* Legislature not back in session until January 2023. Anticipate 2-year process. Main issue is the cumbersome prior authorization process, and denials of medically necessary coverage of PT.
  + Video played from the APTA WI website with Lynne Steffes and Jack Knudson-Stuhr (WPT-PAC Chair) discussing current situation [Wisconsin Physical Therapy Political Action Committee - APTA Wisconsin - aptawi.org](https://aptawi.org/political-action-committee/)
  + Next steps:
    - Grassroots effort will be key: from patients, PT/PTA’s, letters, testimonials gathered. Send grievances, copy emails to insurance companies to help build the case. Talk to patients encouraging them to file complaints with their HR departments. PT’s should file complaints WITH their patients which has more effect.
    - There are currently 9 “Asks” we have for insurance companies (see video link above)
    - Increase PAC money. Need to discuss issue with legislators and staff, and those running for office. See video link above. See info below from the Fall Conference regarding PAC Fund/money shortage.
    - Discuss with other groups; WI Hospital Association
    - This is a big fight our association and requires attention and money

**New Business:**

* News/Highlights from APTA WI Fall Conference Oct 6-7 in the Wisconsin Dells
  + 130+ students attended
  + Business meeting well attended; each table was set up with various committees, groups, and Chairs which allowed networking to allow collaboration with future endevours
  + Very good CE courses, low cost to attend.
  + HOT TOPICS – hosted by Lynn Steffes
    - She discussed recent issue with UHC insurance who is proposing to have therapists “punch in and out” of modalities during treatment sessions; i.e. record time in chart for example, 0800 – 0811 manual therapy, 0811-0814 ther ex, 0814-0820 manual therapy, etc……
    - PAC Funds needed urgently. Currently we have $3/member which is very low. If each member donated $5/month (recurring) the fund would grow significantly. (see video link above).
    - The PAC support has supported candidates who have won 100% of races
    - We have 1650+ members, and contributions to the PAC has decreased significantly since COVID.
    - $20/member = $33K. $60/member = $99K
    - See link above for donation options (recurring vs one time donation)
    - Share message to all therapists including non-members.
    - QR code was shared on screen during meeting; linked to website.
    - Ask managers to play the video during staff meetings (link above).

***PT Connections* Article**: Please share any news for this article with Dave Smith ([smith.david@marshfieldclinic.org](mailto:smith.david@marshfieldclinic.org)), or any other Executive Committee member (Wes Kurszewski, Chris Ashbeck).

**Future Meetings: Next meeting will be on Monday February 13th due to Valentines Day on Tuesday**

**CONTACTS:**

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Submitted by NCD Secretary Dave Smith, MPT on Monday October 17, 2022